

LINDMOOR WOODS SWIM & TENNIS CLUB

2022 Club Rules & Policies

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Home of the

Tiger Sharks

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All members and guests must follow the rules and obey the lifeguards at all times. Failure to comply can result in dismissal from the pool. **Guard responsibilities do not include supervising the behavior and care of unattended children.**

GENERAL POOL RULES

- OBEY the lifeguards. Don't distract them with conversation while on duty.
- NO SMOKING is permitted anywhere on the property. No cigarettes, vaping, e-cigarettes, chewing tobacco, etc.
- NO GLASS. Glass is not permitted inside the pool fence.
- NO ROUGH PLAY. Running, noodle fights and "chicken fights" will not be permitted.
- STAY OFF LANE LINES. Keep diving area rope and floats visible. Do not sit on/hang on the rope or lane lines.
- NO PLAYING WITH FURNITURE. Keep it out of the water. Do not allow children to stand on, play with or build forts with furniture. Do not hang on or move tents.
- NO PLAYING WITH KICKBOARDS. Swim team equipment is for team use only.
- Diving blocks are for swim team use only.
- NO DIVING except in deep end or off the boards
- Public drunkenness is strictly prohibited.
- No eating or drinking of any kind is permitted in the pool itself.
- Bicycles, skateboards, scooters and pets must remain outside the fence.
- Music is played from the shark shack. Please keep personal music devices at a level that does not disturb others around you.
- THUNDER/LIGHTNING = 30 MINUTE BREAK.
- Rafts, kayaks, tire inner-tubes and other oversized floatation devices are not permitted. The lifeguard may use his/her discretion in allowing floaties. Maintaining visibility in the pool is key for guards. Floats are limited to:
 - Puddle-jumpers and/or arm floats (both of which require a parent in the pool)
 - Personal floatation devices (lifejacket)
 - Small, personal ring floats
 - Foam noodles
- NO inappropriate PDA (public displays of affection).
- One lane line is provided and should be cleared for anyone swimming laps.

RULES FOR YOUNG CHILDREN (ages birth to 10)

- Children 10 years and older **must pass a lifeguard swim test** to swim without a parent present. Children under the age of 13 are limited to a maximum of four continuous hours at the pool per day.
- Children under 10 years old must be accompanied and attended to by a member age 15 or older.
- NON-SWIMMING CHILDREN must be accompanied by parent or guardian in the pool at all times within arm's reach. A child is considered non-swimming if they wear water wings, a puddle jumper or require the use of any type of flotation device.
- BABY POOL is for ages 4 and under only. They must be supervised by a parent inside the fence.
- SWIM DIAPERS & PLASTIC COVER REQUIRED for all children not yet completely potty-trained.

- Diaper changing is not permitted on tables. Please use the changing station provided or your own towel/mat on the grass.

DIVING BOARDS

- One person on the board at a time.
- One bounce and one jump off the board
- Dive/jump forward off the end of the board. Do not jump from the side of the board.
- Swim to the ladder closest to the board and get out of the pool.
- The swimmer on the board must wait until the diving area is clear before going off the board.
- When 2 diving boards are being used, they shall be used alternately.
- No floaties on the board.
- No “catching” non-swimmers. Non-swimmers should not be in the diving board area. (No water wings, puddle jumpers, etc)
- No horseplay, handstands, sitting on or hanging from the boards.
- To prevent possible serious head, neck, and spinal injuries, NO inward dives, reverse dives or backward dives.
- Playing in the deep end must occur on the far side of the ladders furthest from diving boards. Play will be monitored by the guard and stopped if the area is too crowded.

LIFEGUARD BREAK & ADULT SWIM

- Lifeguard break occurs at the 45 minute mark of every hour for a total of 15 minutes.
- Children must stay 10 FEET BACK from the edge during lifeguard break.
- Adults only may use the pool during break. 18 years and older are eligible.
- Non-swimming toddlers (under 2) are allowed in the pool if attended by an adult at all times.

GUEST RULES

- Members are to introduce their guests to the Lifeguards on duty and sign them in immediately upon arriving at the pool.
- Guests cost \$5.00 each per day of swimming. Pay in cash or at the shark shack with CC
- Members must accompany all guests during their entire time at the pool.
- Members are responsible for the conduct of their guests.
- Guests who live in the “extended” Lindmoor Woods area (within 4 miles of the pool or in the city of Decatur) are limited to five visits to the pool in one season.
- All guests should read and understand the pool rules in this document.
- If a member’s child (under 18) brings guest(s) to the pool, the member’s child must have the member parent’s permission provided to the lifeguard in person or in writing to have the guest.

UPKEEP & CLEANLINESS

Our pool remains a nice place to gather for fun because our members take care of it so well. How to help:

- Let a lifeguard know if the bathroom needs attention or if supplies need replenished. They will fix it at the break.

- Separate trash and recycling into the correct receptacles. Trash cans are black. Recycle cans are blue. Pizza boxes are not recyclable.
- When you use the grill, clean it with the grill brush, shut it off and close the propane tank valves tightly.
- When you leave your table, push in chairs, close the umbrella, and wipe off your table (cleaning supplies are in the shark shack)
- The lost and found is located near the restrooms in the clubhouse. Check the lost and found frequently.
- Use **only nickels, dimes, quarters and dollar bills** in the soda machine.

TENNIS COURT RULES

- All courts may be reserved two days in advance (after 7:00 p.m.) except for sanctioned ALTA/USTA matches (including makeup matches). No pre-schedule practice sessions are allowed.
- Children (ages 14 and under) may use the courts when they are not in use by adults but may be bumped by adults at the 1/2 hour.
- A court may be reserved for:
 - Singles: 1.5 hours for members and guests
 - 2 hours if both members
 - Doubles: 2 hours
- Court #2 is reserved for adults only after 5:00 p.m.
- Players may reserve only one court in advance. After playing, they may reserve another court.
- Sign-up sheets must be completed before walking on the court.
- Anyone walking on the courts must wear appropriate shoes.
- No skateboards, roller blades, bicycles, etc. are allowed on courts. Players are responsible for disposing of litter.
- ALWAYS REMOVE YOUR EQUIPMENT AND LOCK THE GATE AS YOU LEAVE THE TENNIS COURTS.
- Glass and pets must remain outside the fence.

NON-MEMBER TENNIS TEAM PARTICIPATION

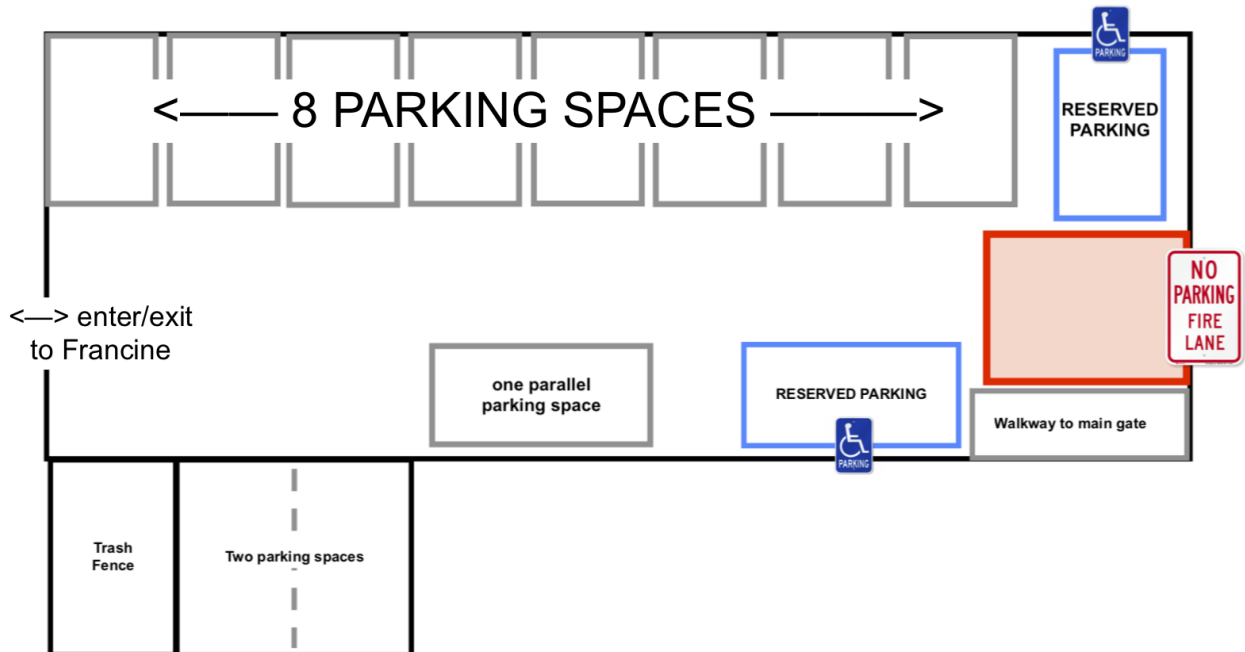
- Tennis Team participation is permitted for individuals desiring to play tennis on a Lindmoor Woods team, except for any former member whose membership has been terminated for less than two years, unless the former member has moved outside the immediate Lindmoor Woods area.
- Tennis Team participation is for a period of one season (ALTA or USTA is Spring, Summer, Fall, and Winter). Authorization must be recommended by the Tennis Director and approved by the Board of Directors of LWSTC. A maximum of three teams will be allowed for one ALTA/USTA season (such as one Junior team, one weekday Women's, and one Weekend team).
- The fee for Tennis Team participation is \$20.00 per season for each non-member. Fees must

be paid before the season begins.

- Applications for participation are to be approved by an organized and sanctioned LWSTC team and cannot displace a LWSTC member in desiring to play or join a team.
- Team Captain or CO-Captain must be a member(s) of LWSTC. Members attending matches are responsible for the courts, equipment, and housekeeping of the courts.
- LWSTC members on a team are responsible for the collection and submission of the fees to the Tennis Chair for non-member participation.
- Practices are covered by the LWSTC Tennis Court Rules.

PARKING

- Parking is limited in the lot on Francine. See the diagram below for details.
- Parking is permitted on one side of the street only on Francine. Use the right hand side as you approach the pool. Leave enough room for the mail truck to get in and out at each mailbox.
- DO NOT PARK on the left hand side of Francine as you approach the pool.
- Additional on-street parking is available on Burgundy Rd. and Delia Dr. near the tennis courts.



SPECIAL POOL CLOSINGS

If the main pool or the toddler pool is closed early for any reason other than rain, the lifeguard needs to complete a yellow "*Lindmoor Woods Problem Trouble Report*" form and post it onto the lifeguard shack door before leaving for the day. Extra copies can be found in the lifeguard shack. This will greatly increase communication between the person closing the pool at night and the one opening it in the morning reducing possible delays.

*OUR FIRST CONCERN IS FOR THE SAFETY OF OUR MEMBERS AND GUESTS. BLATANT OR REPEATED VIOLATION OF ANY OF THESE RULES WILL RESULT IN **DISMISSAL** FROM THE POOL.*

AGAIN, PLEASE COOPERATE AND COMPLY WITH OUR LIFEGUARDS!!

HAVE A **SAFE AND HAPPY** SUMMER AT LINDMOOR WOODS POOL.